

# Quarterly Newsletter



Clients First

Transparent

Accessible

Volume XXVI

Issue IV

December 2023

## Market Overview

All major stock indices experienced a fourth quarter rally as the 10-year bond yield broke down through 5%. Crude oil also declined, easing the advance of the consumer price index (CPI). The Russell 2000 Index<sup>1</sup> led the fourth quarter stock gains finishing up 14.03%, with the Nasdaq Index<sup>2</sup> and the S&P 500 Index<sup>3</sup> trailing by 13.79% and 11.69%, respectively.

During the fourth quarter of 2023, real estate was the best performing sector gaining 18.83%, followed by technology at 17.67%, and financials by 13.91%. In terms of performance, U.S. small cap stocks led the way during the fourth quarter as the market rally began to broaden out.

The Federal Reserve (the “Fed”) paused interest rate increases in the fourth quarter and signaled three potential rate cuts for next year from its current 5.25% to 5.50% range. It is unclear when rate cuts will occur as the Fed is still data dependent, waiting for more data to reinforce the decline in inflation which has subsided in most categories. However, service inflation remains sticky, and the rental component significantly lags actual declines market rents. But looking forward, the catchup in that category should put meaningful downward pressure on the Consumer Price Index (CPI), and likely affect the timing of the Fed lowering their Federal funds target.

Bond prices rose during the quarter as yields fell from the 5% mark on the ten-year Treasury bond. Within fixed income, high yield bond prices rose and defied expectations driven by resilient fundamentals and lower than expected default rates. Meanwhile, the broader fixed income market rallied late in the year, with the U.S. Aggregate bond Index<sup>4</sup> rising 6.75% as investors were comforted by the Fed’s dovish shift.

Turning to international markets, developed market equities outperformed emerging market stocks. Corporate governance reforms in Japan, better-than-expected progress on inflation in Europe, and resilient earnings boosted developed market equities to a 10.71% gain in the fourth quarter. Emerging market equities ended the quarter with a more modest 8.00% gain as the downturn in China offset strong gains in Taiwan, India and Korea.<sup>5</sup>

*Mark L. Blom, CFP® — Thomas Steffanci, PhD — Kirk Masci*

### U.S. Equity Returns Table

Source: Tamarac

### U.S. Treasury Yield Table

Source: Treasury

### Other Indices Table

Source: Morningstar

| Index        | Q4 2023 Returns | 2023 Returns |         | 12/2023 | 12/2022 | 12/2021 |                               | Q4 2023 Returns | 2023 Returns |
|--------------|-----------------|--------------|---------|---------|---------|---------|-------------------------------|-----------------|--------------|
| Dow Jones    | 13.09%          | 16.18%       | 3 month | 5.40%   | 4.42%   | 0.06%   | Gold (GLD)                    | 11.50%          | 12.69%       |
| S&P 500      | 11.69%          | 26.29%       | 2 year  | 4.23%   | 4.22%   | 1.26%   | Brent Oil (BNO)               | -14.84%         | -3.43%       |
| NASDAQ       | 13.79%          | 44.64%       | 5 year  | 3.84%   | 3.99%   | 0.98%   | U.S. Dollar Index (UUP)       | -3.06%          | 3.63%        |
| Russell 2000 | 14.03%          | 16.93%       | 10 year | 3.88%   | 3.88%   | 1.52%   | Int'l Equity Markets (EFA)    | 10.71%          | 18.40%       |
| MSCI World   | 11.03%          | 22.20%       | 30 year | 4.03%   | 3.97%   | 1.90%   | Emerging Equity Markets (EEM) | 8.00%           | 8.99%        |

1643 E Bethany Home Road, Phoenix, AZ 85016

Phone (602) 997-8882 Toll Free (888) 997-8882 Fax (602) 997-8887

Website: [www.bfsg-az.com](http://www.bfsg-az.com)

## What's in Store for '24?

Well, that depends on who you talk to, and what you are reading. Business Insider polled 13 leading firms on their outlooks for the S&P 500 for 2024. Of the 13 firms, the average return was a gain (from the close on December 31, 2023-December 31, 2024) of 2.2% including dividends, and the median return was 4.8%. Taking out the high return estimate (14.6%) and the low return (-28.9%) projected a 2024 median return of 6.3%.<sup>6</sup>

After the 26% S&P 500 return in 2023, another 5-6% would seem acceptable given the potential headwinds of inconclusive military conflicts, election uncertainty, and the extended nature of the bond and stock market rallies. The more bullish forecasters cite the meaningful gains in productivity from the Artificial Intelligence (AI) boom, a more rapid approach to the Federal Reserve's 2% inflation target, and a soft landing for the economy, emphasizing continued labor market strength, and better than anticipated corporate earnings. Bearish firms expect a weakening consumer, elevated equity valuations, extreme overvaluation, and higher odds of a recession than the consensus.

There are some historical guideposts for subsequent returns when stocks reach previous peaks as they have now. As mentioned in last month's ("November to Remember") market letter, in a non-recession environment, when stocks reach their previous peak, they go on to return an average of 11% in the ensuing 12 months. And according to Ned Davis Research, when stocks reach a new high after pulling out of a bear market, and the S&P 500 reaches a previous peak, in 13 out of 14 cases its median return was 13.4% in the next 12 months.<sup>7</sup> Lastly when the Federal Reserve first cuts the Federal funds rate, if the economy is not in a recession, the S&P 500 was ahead, not surprisingly, by 11% over the next 12 months. The caveat here is that in three of the eight cases examined, there was a recession and the 12-month return was -12%.

These are not exact analogues of the current environment, but do give a market behavioral backdrop to how investors have reacted to similar economic and market conditions in the past. We have always been impressed with "market memory" where past market signposts seem to have a repeatable linkage to current market behavior. We'll see if the above outcomes follow that path.

For us, we were constructive for most of last year. Though our view of the magnitude of the S&P 500 Index return was for mid to high single digits was off the mark, we viewed the disinflation that occurred to be as long in length and size as the runup to its peak in June 2022, and that would provide the tinder for positive returns in 2023 and a Federal Reserve pause in their tightening policy. Our strategy was to stay invested and not trade around volatile short-term peaks and troughs, continuing to emphasize growth at a reasonable price.

Our view for this year is that the Fed needs to lower rates before mid-year to cushion the developing economic slowdown in consumer spending, the waning effect of the post-Covid fiscal largesse, and the emerging deflationary effects of the past negative growth rates in the money supply. As the year moves on, deflation may be the new word in the market lexicon. Staying tight too long is the biggest risk to stock and bond returns in 2024. And, the Fed is well aware that they need to act before the heart of the primary politicking season in May and June, in order to stay out of the way of partisan threats to their independence.

*Thomas J. Steffanci, PhD - Senior Portfolio Manager*

1643 E Bethany Home Road, Phoenix AZ 85016

Phone (602) 997-8882 Toll Free (888) 997-8882 Fax (602) 997-8887

Website: [www.bfsg-az.com](http://www.bfsg-az.com)

## Disclosures

### Sources:

1. The Russell 2000 Index is a small-cap U.S. stock market index that makes up the smallest 2,000 stocks in the Russell 3000 Index.
2. The Nasdaq Composite is a stock market index that includes almost all stocks listed on the Nasdaq stock market and is heavily weighted towards companies in the information technology sector.
3. The S&P 500 Index is designed to be a leading indicator of U.S. equities and is commonly used as a proxy for the U.S. stock market.
4. The Bloomberg U.S. Aggregate Bond Index is a broad-based index used as a proxy for the U.S. bond market.
5. The MSCI World ex USA Index captures large and mid cap representation across 22 of 23 Developed Markets countries (excluding the U.S.) and 24 Emerging Markets countries.
6. Source: Business Insider. <https://markets.businessinsider.com/news/stocks/2024-stock-market-investment-outlooks-wall-street-pred>
7. Source: Ned Davis Research. <https://finance.yahoo.com/news/asia-shares-rise-us-stocks-223518480.html#:~:text=The%20S%26P%2020500%20has%20outperformed,by%20a%20median%20of%2013.4%25>

**Disclosure:** Please remember that past performance is no guarantee of future results. Different types of investments involve varying degrees of risk, and there can be no assurance that the future performance of any specific investment, investment strategy, or product (including the investments and/or investment strategies recommended or undertaken by Benefit Financial Services Group ["BFSG"]), or any non-investment related content, made reference to directly or indirectly in this commentary will be profitable, equal any corresponding indicated historical performance level(s), be suitable for your portfolio or individual situation, or prove successful. Due to various factors, including changing market conditions and/or applicable laws, the content may no longer be reflective of current opinions or positions. Moreover, you should not assume that any discussion or information contained in this commentary serves as the receipt of, or as a substitute for, personalized investment advice from BFSG. BFSG is neither a law firm, nor a certified public accounting firm, and no portion of the commentary content should be construed as legal or accounting advice. A copy of the BFSG's current written disclosure Brochure discussing our advisory services and fees continues to remain available upon request or at [www.bfsg.com](http://www.bfsg.com). **Please Remember:** If you are a BFSG client, please contact BFSG, in writing, if there are any changes in your personal/financial situation or investment objectives for the purpose of reviewing/evaluating/revising our previous recommendations and/or services, or if you would like to impose, add, or to modify any reasonable restrictions to our investment advisory services. Unless, and until, you notify us, in writing, to the contrary, we shall continue to provide services as we do currently. **Please Also Remember** to advise us if you have not been receiving account statements (at least quarterly) from the account custodian.

Historical performance results for investment indices, benchmarks, and/or categories have been provided for general informational/comparison purposes only, and generally do not reflect the deduction of transaction and/or custodial charges, the deduction of an investment management fee, nor the impact of taxes, the incurrence of which would have the effect of decreasing historical performance results. It should not be assumed that your BFSG account holdings correspond directly to any comparative indices or categories. **Please Also Note:** (1) performance results do not reflect the impact of taxes; (2) comparative benchmarks/indices may be more or less volatile than your BFSG accounts; and, (3) a description of each comparative benchmark/index is available upon request.

1643 E Bethany Home Road, Phoenix AZ 85016

Phone (602) 997-8882 Toll Free (888) 997-8882 Fax (602) 997-8887

Website: [www.bfsg-az.com](http://www.bfsg-az.com)